

LIFE GROUP

Leader: Larry Marsh

Wednesdays @ 7PM

This study shows how many emotions lead to anger, & many emotions follow from it. Discover if you are a "spewer", "leaker" or a "stuffer".

Overcoming Emotions That Destroy



Practical Help for Those Angry Feelings That Ruin Relationships

Chip Ingram
Dr. Becca Johnson

What is the difference between good and bad anger and how can we direct it toward constructive ends.

Location:

Roy & Carey Brazzle's Home
9818 E Princeton Spokane WA (534-0467)